

Report on functioning of Imperience

Dear Brothers and Sisters,

We are happy to gather today, the 30st day of the month of Varada in the 139th year of the Lalaji Era. On this auspicious occasion of the birthday of Dr.K.C.Varadachari, “Imperience” has completed nine years.

The centre was started with the objective of educating aspirants in the Natural Path. Towards this end we have conducted training programmes, workshops, seminars and formal / informal interactive sessions on PAM.

It is gratifying to note the Message of the Master is reaching more hearts every day. We have more number of people visiting Imperience to get spiritually benefitted and assist in our research activities. As part of the preparatory process for assisting them better, Imperience is requesting people who are planning to visit, details regarding the purpose of visit, completed pind desh tool, basic and detailed evaluations of the commandments. Abhyasis visiting Imperience are also requested to take the inner balance scan and the brain.exe analysis once a year atleast.

Training Programmes for Freshers

As you are all aware the institute conducts training programs for freshers on Second Saturday and Sunday of every month. The information regarding the training programmes is done through advertising in newspapers. Imperience requests abhyasis to inform interested persons about the training programs.

Training programs are regularly held at Hyderabad, Chennai, Mumbai, Tirupati, Bangalore, Madurai, Pune and Delhi in India, Fremont, San Franscisco, Denver, Austin, Florida and Virginia in the United States and London in the United Kingdom.

In response towards the training programs being conducted, this year 289 persons attended the training programs and of these 147 persons were introduced into the system. In all a total of 92 training programs were conducted during the year.

Training Program for Abhyasis

A five day training program for abhyasis was conducted this year from October 14 – 18, 2010 at Narsingapuram, near Tirupati.

The program started on the 14th of October. 11 abhyasis attended the program. The topics that were covered during the program were on Goal of Life, Viveka and Vairagya, Super consciousness of Inferior type, Interdependence, Devotion, Prayer, Surrender, Constant Remembrance, Balanced existence and Attitudes for sadhana.

All the speakers presented their allocated topics well and the topics were well received by the abhyasis. The program has been of immense help to the participants. Each participant had been asked to submit a detailed report with regard to the coverage of topic, general comments about the program, any changes requested to Imperience that will be submitted shortly. The participation was enthusiastic during the coverage of the topics as well as during other times of the day.

There were 3 satsangs on each day. The satsangs were conducted by Sri. R. Rajasekhar Reddy, Sri. S.S.Reddy, Sri. V. Krishna Prasad, Sri. I.Chalapathi Rao, Dr. K.Madhava, Dr. S.V.Raghavan, Dr. Dakshina Murthy and Sri. K.C.Srihari. The satsangs conducted daily has helped the abhyasis in remembering the Master more. They all expressed a new determination and renewed vigour to address some problems that they were shying away from.

Diary writing was discussed each day before starting the topic and abhyasis were assisted in expressing their feelings better. Coverage of this topic especially has helped them and all of them have firmly decided that diary writing will be implemented strictly henceforth. They have expressed a better understanding of the system.

The faculty members met at the end of the program and have expressed that this program may be conducted twice a year. The valedictory address was given by Dr. K. Madhava.

Seminars

Seminars are being held on various topics during our celebrations, and are basically of practical interest. The stress is on sharing ones' understanding of the subject based on experience by way of Paper Presentation. Seminars are intense sessions of training aimed to lead the abhyasis to attain clarity in important aspects of sadhana.

Two seminars were conducted in the current year. All the papers are available as part of the web site of Imperience and at Imperience office. Copies of the same will be made available on request.

The first seminar was conducted on the topic "Murad and Malamita". The seminar was conducted during Janmashtami Celebrations 138 L.E. and 9 papers were presented.

The second seminar was conducted on the topic "If we are in the hands of a real master, all the things for 'man to be called man' gradually come out themselves". The seminar was conducted during Basant Celebrations 139 L.E. and 11 papers were presented.

In all the papers presented, one could see the effort of the abhyasis in presenting papers which had stress on the academic, intellectual and practical aspects related to sadhana.

Manasarovar Activity

The Manasarovar program was started in 2006 to generate more interest from Abhyasis to experience the language of Silence

The purpose of the Manasarovar program is to help abhyasis

Develop the capacity to inter-commune with Nature by learning the language of silence.

Develop the capacity to be identical with Nature by living in Natural surroundings

One Manasarovar program was conducted at Narsingapuram Village, near Tirupati, from December 24th to 26th, 2010.

The following brothers participated in the program

Sri. C. Satish Reddy from Hyderabad

Sri. Vivek Gaur from Delhi

Sri. Damodar Reddy from Tirupati

Sri. Shanker Kundeti from Hyderabad

Sri. Dharmesh Shah from Pune

Sri. Srinivas Davuluri from U.S.A

Sri. Raghavan Puranam from Bangalore

The participants expressed the view that this program gave them a fresh perspective of their true nature. The preciousness of silence was realized after meditations and the importance of regular contemplation was also felt.

We are grateful to Sri. R. Rajasekhar Reddy garu and Sis. Bhargavi garu for providing us with the facilities at the venue.

The experiences of some of the participants are available online at the Imperience website.

Personality Development program for children ages 14- 18

This year three personality development programs were for children for ages between 14 -18 years. Two of them were conducted in Hyderabad, and the other one in Chennai.

The objectives of this course is

- To assist in developing a proper goal of life, to achieve stress free living, to assist in developing optimal performance in all walks of life, to develop proper attitudes and values in life

Topics covered in the course were

- Life and its meaning, Goal of life, Role of Meditation in achieving our goal, Activities for improving focus, Time management, Health Management

The children were taught to meditate on supposition of Divine Light in the heart and there was a 30 minutes meditation session on each day. Trataka was introduced as tool for developing focus.

The first training program was conducted at Satkama High School over a period of 5 days from 12th January to 17th April. 4 Children attended the training course for the full period.

The second training program was conducted at Imperience over a period of 7 days from 13th April to 19th April. 12 Children attended the training course for the full period.

The third training program was conducted at IIT Madras over a period of 7 days from 19th May to 25th May. 7 Children attended the training course for the full period.

During the course, children wrote a report on each day articulating their reflection on the topic that was explained. Based on the reports received, all children articulated correctly their understanding of topics like Goal of life, Happiness, Contentment, Moderation and Balance and Peer Pressure. In their reports they have also articulated how they would apply the understanding their own lives. It is satisfying to note that they were very receptive and sensitive to these topics. They also reported their feelings after meditation on Divine Light. The reports indicate that they have correctly learnt the technique of meditation on supposition of Divine Light. The major feelings that were reported were calmness, freshness, peace, vibrations and contentment.

For successful completion of the course, the children were awarded a participation certificate and trataka boxes. Based on the good response from this training course, Imperience will be conducting more such courses every year. Imperience requests abhyasis to inform interested parents about these programs

Publications

The following books were published by Imperience

1. Seminar papers on the topic “Murad and Malamita”
2. Seminar papers on the topic “If we are in the hands of a real master, all the things for 'man to be called man' gradually come out themselves”

The books and periodicals published by SriRamchandra Publishers and Imperience are also published on the website. Our site www.sriramchandra.org has about 358 people visiting our website daily and accessing 7346 pages everyday. Our site www.imperience.org has about 128 people visiting our website daily and accessing 4956 pages everyday. Our Sriramchandra.org daily inspiration reaches 746 people everyday and [Dr. KCV.org](http://Dr.KCV.org) daily inspiration reaches 553 people. Imperience also would like to remind abhyasis who have email accounts to check their email atleast once every 3 months. The email accounts for such people who do not check regularly are disabled by the email provider and removed after a certain time.

Work done by Imperience last year

- The Lalaji Era calendar was developed and published along with giving the logic behind the naming of the months.
- The second edition of the telugu book ‘Adhyatmikata’ having sketches to most of the anectodes was released during Basant Panchami 139 LE.
- The transcription from the series of talks given by Rev. Sri. K.C.Narayana garu at various training programs title ‘Liberal Exposition of Pranahuti Aided Meditation’ was released during Basant Panchami 139 LE.

- The 'PAM at a glance' booklet was translated into Marathi and released during Basant Panchami 139 LE.
- The Hindi translation of the book 'Showers of Divine Grace' title 'Amrit Dhara' was released during SriRamchandraj Maharaj birthday celebrations 139 LE.
- The revised edition of the book 'Sruti' was released during Sriramchandraj Maharaj birthday celebrations 139 LE.
- Game of Life – discussions and notes given during the preparation of the tool have been transcribed and edited. The notes are planned to be published to give abhyasis insight into various psychological states that one goes through.
- Transcription of the talk given by Rev. K.C.Narayana during Janmashtami 2001 on the message of the Master titled 'Craving of the Soul' was done and is planned to be published as part of Bodhayanti Parasparam vol 9.
- Quotes taken from series of books titled Bodhayanti Parasparam volumes 1 to 5 and 6 to 8 were taken and are planned to be uploaded on website of Sri. K.C.Narayana under the section 'From My Desk'
- The PAM Meditational practices chart has been translated to Hindi and is planned to be published.
- The 'PAM at a glance' booklet has been translated into Hindi and is planned to be published

Current Work being done by Imperience

- Work on 'Sruti' Vol -1 and Vol-2 in Telugu is currently being done.
- English translation of the work Seena Ba Seena is being done
- Work on summarising talks taken from the works of Pujya SriRamchandraj Maharaj for playing in AIR is being done.
- Development of mind maps for the purposes of the abhyasi training program is being done.
- Publishing of the reviews of Rev. Dr. K. C. Varadachari published in The Hindu newspaper is planned.
- Publishing of Bodhayanti Parasparam Vol 9 is planned
- A second edition of 'Three truths and Trillion doubts' is also being planned.
- A second edition of 'Mucchata' is being developed.
- Audio book of the 'Showers of Divine Grace' is being developed.

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We acknowledge the participation of all abhyasis who have participated in the functioning of the “Imperience”.

Imperience is the institution of the aspirants in the path of the great Master Sri Ramchandraji Maharaj of Shahjahanpur who has given humanity the greatest boon of Pranahuti and the Natural Path to suit the needs of the modern man. We owe it to Him and to posterity to establish the scientific basis of the system. It is a collective effort of all the abhyasis of ISRC, and we request you to help us in improving the quality of collective service.